



MTSS-B Overview

What is a Multi-Tiered System of Supports for Behavioral Health (MTSS-B)?

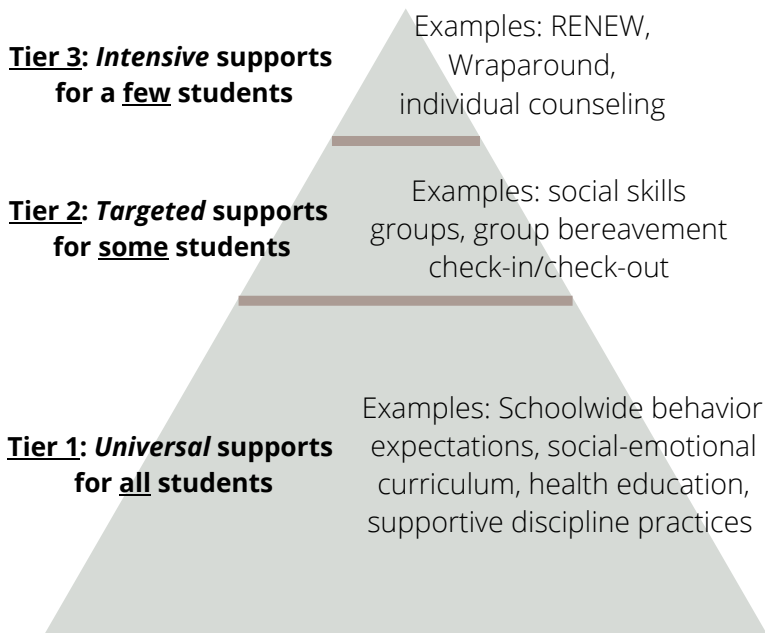
MTSS-B improves readiness for learning by promoting student wellness at all levels of an educational system. MTSS-B uses data to identify social, emotional, and behavioral barriers to learning; matches students' needs to appropriate evidence-based supports; and monitors outcomes to ensure that every student can be successful in school.

Why is MTSS-B important?

Students come to school with a wide range of social, emotional and behavioral needs that can impact their ability to learn. MTSS-B strengthens schools' ability to address these needs through a range of preventative and responsive strategies; schools that effectively implement MTSS-B report fewer behavioral problems and more instructional time. In New Hampshire in 2016, legislators codified the importance of MTSS-B in RSA 135-F, which formally recognizes schools as an integral part of the comprehensive system of care for children's behavioral health and wellness.

What does MTSS-B look like in schools and districts?

MTSS-B is an ongoing process with core features, but it is *not* a one-size-fits-all approach. Districts and schools drive implementation of MTSS-B based on their school and district data within the context of their local community and resources. Schools design and implement the unique system of supports that will meet *their* students' needs.



How does MTSS-B help students?

Students at varying levels of social, emotional, or behavioral need are connected to appropriate, evidence-based supports at varying levels of intensity, or **tiers**. All students receive Tier 1, or *universal* supports. At Tiers 2 & 3, schools partner with mental health agencies to provide *targeted* and *intensive* supports. To the left are examples of supports that schools may choose to offer at each of the three tiers.